

Post Graduate

Diploma

Strength & Conditioning

SPORTZ NEXT

EDUCATION INSTITUTE

EMPOWER, EVOLVE, ENTERPRISE

Now in
#INDIA



Approved under :



UCAM
UNIVERSIDAD
CATÓLICA DE MURCIA



www.sportznextedu.net

AFFILIATION



UNIVERSITY
OF EUROPE FOR
QUALITY OF EDUCATION



UCAM
UNIVERSIDAD CATÓLICA
DE MURCIA



8.8 Interaction

Median all 7.7

8.4 Collaborating Learning

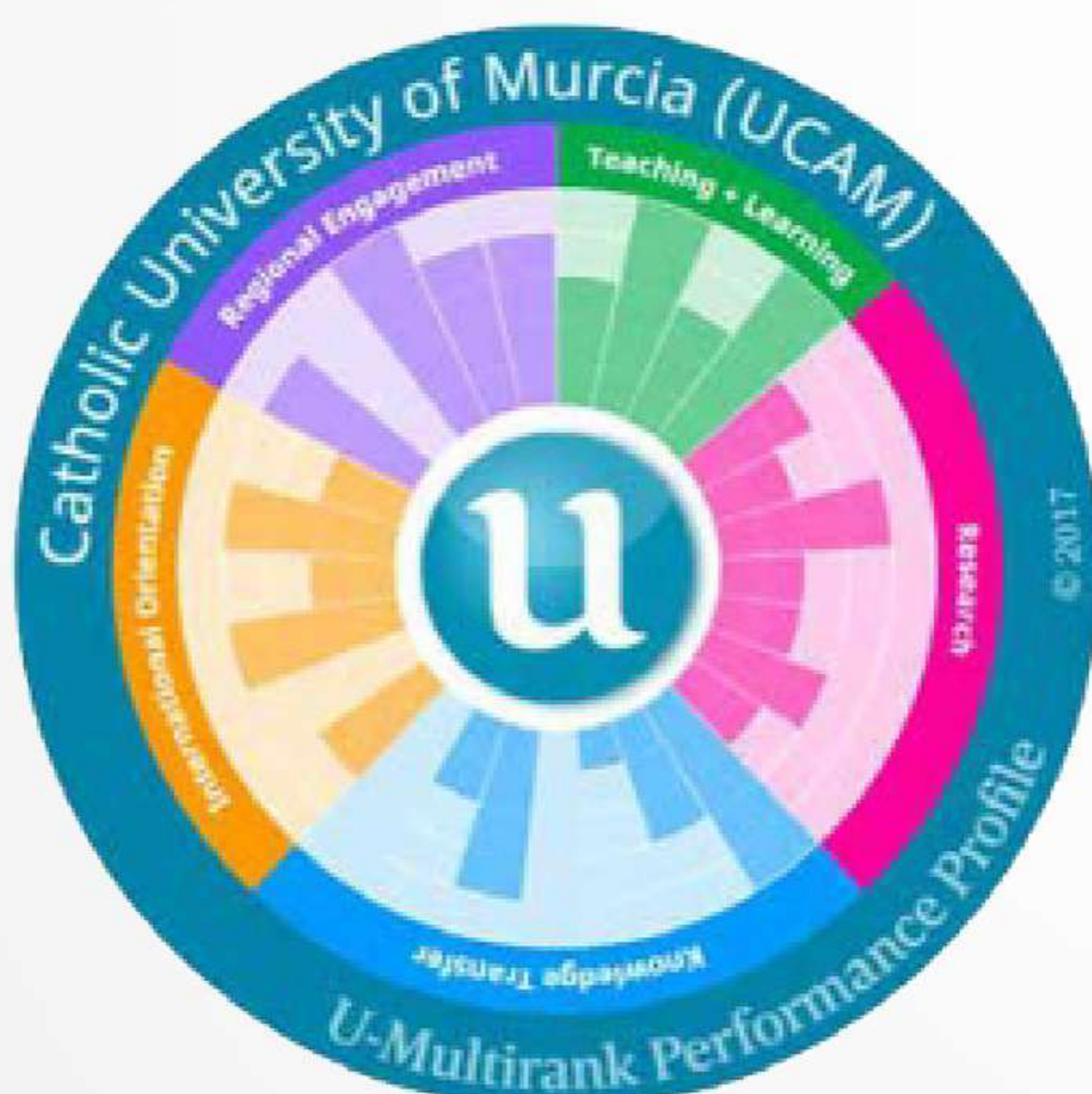
Median all 7.1

8.2 Recommendation

Median all 7.7

8.1 Learn About Work

Median all 6.8



WHY THE RANKING

The European Teaching Rankings lists the Catholic University of Murcia among the 200 best universities in Europe, and the top 10 who have received the best ratings from their students.

HOW STUDENTS RATE US?

UCAM reached the top score in these four items based on 125,000 interviews to students from 18 European countries.

WHAT IS U-MULTIRANK

A project funded by the EU, to measure the quality of universities around the world, focusing mainly in Europe. The is its second edition.



OUR OBJECTIVE

SPORTZ NEXT education institution, in association with best International sports education institutions, created Masters , Diploma and certification courses which are unique and structured to develop sports executive , scientists and trainers who will be leader in their respective domain and transform India as a Sports Super power .



“ Best International Sports Education conceptualized as per Indian Sports Ecosystem ”

LT GEN. MANVENDER SINGH
PVSM, AVSM, VSM,
Honorary Director



“ Scientific and evidence based international best practices and information through structured curriculum ”

DRONACHARYA GANGULY PRASAD
Director Sports Education



“ Quality, continuity and innovative pedagogy focused towards specific need of indian sports ecosystem. ”

SHALINI MAHESHWARI
Director Administration

Empower
Evolve
Enterprise



DIPLOMA IN STRENGTH & CONDITIONING

COURSE HIGHLIGHT



SIX MONTH DIPLOMA

A new concept in India as per latest Educational policy



INTERNATIONAL

Accredited Regular course and degree

Universidad Catolica San Antonio de Murcia (UCAM) NOW IN INDIA, with a **UNIQUE** curriculum and the **BEST** resources.



ECTS

accreditation



BIMODAL DELIVERY:

Suitable for present COVID scenario

Full **28 ECTS** (European Credit Transfer System) credits. **GLOBALLY RECOGNISED DEGREE.**



INTERNATIONAL

renowned faculties



NATIONAL

and International projects

OPPORTUNITIES with renowned organisations. Internships, projects, and Hands-On training.



FLEXI

payment option



INTEGRATED

International Conclave



DIPLOMA IN STRENGTH & CONDITIONING

TUTORIAL (Hrs)

300

DURATION (Days)

180

DELIVERY

ONLINE

PRACTICAL

12

PROJECTS

03

CONCLAVE

2

FACULTY PROFILE



COURSE ORIENTATION





DIPLOMA IN STRENGTH & CONDITIONING

Module I:

**Basic Anatomy and
Physiology**

Module II:

Resistance Training

Module III:

**Strength and Power – Key
Concept For Rehabilitation**

Module IV:

**Program Design and
Techniques**

Module V:

**Sports Specific Strength &
Conditioning**

Module VI:

**Strength Training – Best
Techniques & Technology
Integration**

International Accreditation for Diploma Program

The Post Graduate Diploma in Strength & Conditioning is internationally accredited post graduate program with 28 ECTS.

Awarding Post Graduate Diploma

The Diploma will be awarded to each student upon successfully completion of all the 6 modules and the activities – assignments, quizzes, etc. associated with each of the modules.

Duration

6 Months

Course Fee:

Rs 90,000

Payment Facility:

EMI Fee (0% Interest)

FACULTY



RAMJI SRINIVASAN

Former S&C for Team India – BCCI, MI & CSK
Founder Director Sports Dynamics



DR. AMOL A. PATIL

Consultant Sports Physician
AIBA Ringside Doctor
Former Team Doctor (Indian Boxing Team)



DR. NICOLAS GRAVISSE

High Performance Expert (Perf in Football)
S&C Coach Football First Team (US Lege Cap Ferret)

ASSOCIATES



SPORTS DYNAMIX





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